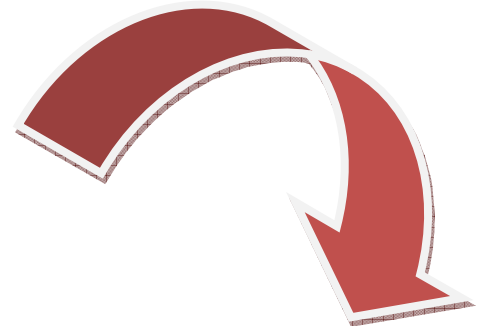


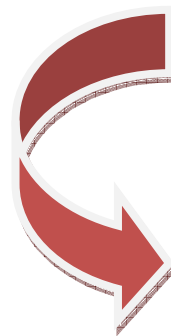
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CORSO BASE
(PRIMO LIVELLO)

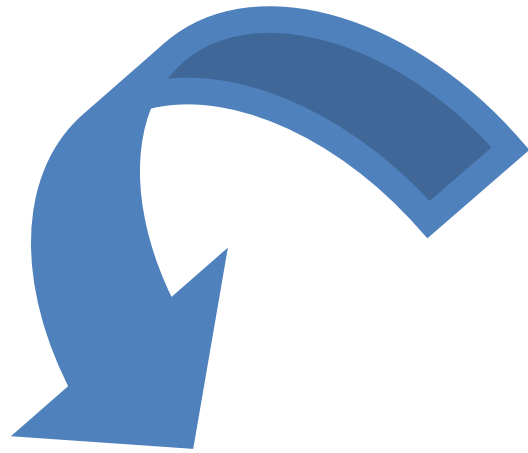


PERCORSO COREOGRAFICO
(CORSO AVANZATO PRIMO LIVELLO)



STEP

AEROBICA



PERCORSO TONIFICAZIONE
(BODY & MIND)

EVOLUTION TONE

PILATES MATWORK

PILATES CIRCULAR

PILATES REFORMER

PILATES REFORMER CON TOWER

PERSONAL TRAINER

POSTURAL TRAINING

FITYOGA

KETTLEBELLS

SPRING ENERGIE



AERODANCE
FITHOUSE
AEROLATIN



CORSO TERZO LIVELLO
(ECCELLENZA)



CRUISIN'